

BTEC First Diploma in Sport Level 2



In a nutshell

This course is designed to extend your skills in a range of team and individual sports.

This course is for you if...

- ... You are interested in progressing to the Level 3 Extended Diploma in Sport
- ... You have a strong interest in sport
- ... You have the physical ability to develop a range of sport activities

What will I be doing?

Subjects studied on this course include:

The body in sport
Health, safety and injury



COURSE INFORMATION LEAFLET

Preparation for sport
Sports leadership
Sports injury and a range of practical sports

You'll have the opportunity to take part in activities such as first aid, outdoor activities, football, netball or rugby academies.

The course is assessed through written and practical coursework. Assessment methods will include individual research, group work, project work, oral presentations, visual displays, written assignments and observation of your performance. On completion, you'll achieve:

Level 2 Sport

[Skills Activities](#)

[Maths and English](#) (if you haven't achieved a Grade C or above at GCSE level)

Other relevant qualifications to enhance your skill set

What is expected of me?

To enter, you'll need a minimum of 4 GCSEs Grade D or above to include either Maths/Maths Numeracy or English/Welsh First Language or an appropriate Level 1 Diploma qualification in the relevant vocational area to include either GCSE Maths/Maths Numeracy or English/Welsh First Language Grade D or above.

Full commitment to attendance is required and practical participation is essential in completing this course.

What comes next?

Level 3 BTEC Extended Diploma in Sport, Outdoor Activities or Public Services, a Diploma in Fitness Instructing or employment in a sport related industry.

Additional information

Learners are expected to purchase kit as a condition of their place on the course. The cost is approximately £75 - £100.

Apply online at www.coleggwent.ac.uk

studentrecruitment@coleggwent.ac.uk | 01495 333777 (Croesawn alwadau yn Gymraeg)

