

BHS Stage 1 Training



In a nutshell

This is a practical and theoretical course ideal for improving your knowledge of horse care and other aspects of the equestrian industry, in preparation for the BHS Stage 1 qualification.

This course is for...

- ... Those looking to progress through the BHS pathways.
- ... Passionate horse owners looking to develop their skills.
- ... Anyone looking to train for British Horse Society (BHS) Stage 1 assessment.
- ... Those considering or wanting to start a career in the equine industry.

Course content

During this course, you'll use the fantastic facilities at Usk Equestrian Centre, which is a British



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Horse Society (BHS) approved exam centre.

Each session includes a riding lesson covering:

- Basic riding position
- School movements at walk, trot and canter
- Riding without stirrups
- Working in a light seat
- Pole work

Basic care of horses including:

- Handling skills
- Horse health
- Feeding
- Basic stable management

You'll need to provide your own riding hat to current BHS standards, jodhpurs and boots.

While there's no formal qualification, the course will prepare you for the BHS Stage 1 assessment, after which you'll be able to progress on to BHS Stage 2 Training course.

Entry Requirements

While there are no formal entry requirements for this course, you should have adequate riding skills, including the ability to walk, trot and canter independently.

Learners should be at least 19 years of age and will be expected to attend a riding assessment before commencing the course.

Note - To ensure the welfare of our horses, our equestrian centre operates a riding weight limit of 14 stone. All applicants can study a ride or non-ride option on all of our equine courses and therefore will not be denied a place.

Additional information

This course is run by one of our BHS qualified instructors and runs on an evening.

You'll require a correctly fitted riding hat and body protector that both meet current safety

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standards, riding boots, jodhpurs, gloves and a riding crop.

Please note that this course is designed to prepare learners for the BHS Stage 1 qualification, however this course does not include the formal assessment.

Assessment for this qualification can be arranged at this centre for an additional cost.

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