

## **COURSE INFORMATION LEAFLET**

# VTCT Diploma in Reflexology for the Complementary Therapist Level 4



## In a nutshell

This qualification will enable you to add additional techniques for treatment application to your existing repertoire whilst further developing your knowledge of the theories and practices for advanced applications of reflexology.

This qualification is designed to give you the essential knowledge to assist you to provide advanced therapeutic skills within a clinical setting.

#### This course is for...

those who are a qualified complementary therapist those who hold a Level 3 or equivalent qualification in Reflexology including Anatomy and Physiology.



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#### **Course content**

During this course you will study mandatory advanced reflexology techniques to include, hand, ear, face, maternity reflexology in all stages, fertility, nine months gestation and post pregnancy, palliative care and life limiting conditions, pain management, foot reading and emotional interpretations and other specialist techniques. The study of a range of applications such as meridian reflexology, zone therapy techniques to maximise understanding and precision in working practices.

The units covered include:

Interpersonal skills Advanced Anatomy and Physiology Advanced Reflexology techniques

This qualification is designed to lead employment in a variety of roles, either self employed, in a complementary therapy clinic, beauty or spa facilities or private practice. This qualification may also lead to employment within a hospital, hospice or other healthcare environments.

Assessment is through a portfolio of evidence, practical observations and case studies (36 recorded treatments).

## **Entry Requirements**

You must be a Level 3 qualified complementary therapist.

#### Additional information

You will be required to wear a clinic uniform and suitable footwear.

The course fees include tuition and registration fees. Tuition fees are due at the time of booking/enrolment. If required, this can be by direct debit, over five instalments. If your employer is funding your course, confirmation of this in writing will be required so that the college can arrange to invoice them.

It is essential that you are able to provide suitable clients as case studies for your assessments.

Commercial and Business Advantages





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Reflexology treatment costs from £50 - £75 per hour and less if offering a course of treatments.

